



# Code of Conduct & Ethics

## Tutors, Assessors and Student Members

The Code of Ethics describes the basic ethical principles that all SRA tutors, assessors and students agree to and commit themselves to. It offers the inspiration of a joint commitment to excellence, cultural sensitivity and security by having a complaints procedure for the student. These principles still apply if we are offering training, supervision or support, in groups or individually.

SRA encourages development and growth; we welcome feedback back to grow and strive for continued excellence. Students will respect the protocol that has been developed for everyone's safety and will ensure it is followed during the training program.

### Ethical Principles

#### **The Relationship between Tutor and Student/Student**

- We acknowledge that the relationship between tutor/assessor and student is a special one and must serve the best interests of the student. A good working relationship is an essential part of effective treatment. The tutor/assessor carries certain responsibilities and any exploitation of this position or oppression of the student is unethical. Sexual activity between tutor/assessor and student within this relationship is inappropriate and unethical. Affectionate gestures, such as hugging may be used sensitively and only when acceptable to both parties. We will ensure that satisfying our emotional needs does not intrude on the relationship.
- All communications, whether verbal, written or any other must be respectful and professional to all parties within the Spirit Release Academy and to the recipient of any work. **Abusive behaviour of**

**any kind will not be tolerated.** Any experience of such must be reported to directly to tutors or senior assessors immediately in writing. This will then be discussed at the senior level and the “accused” will be allowed to explain their point of view and/or their actions.

- The student's dignity and integrity must be respected at all times.
- The tutor/assessor and student make a mutually acceptable clear contract which addresses precisely and openly the questions of fees, time involved, frequency and number of sessions, technique of treatment, limits and ground rules, confidentiality, availability of follow-up, referrals etc, as appropriate. We make available to the student the Code of Ethics and Practice we work under.
- We recognise that there can be a duality of roles wherein a possible conflict of interests may occur. Wherever this is applicable this will be discussed openly before any treatment starts. It is our responsibility to make boundaries explicit and clear. We retain the right not to work with certain people but not in a way that would result in unfair discrimination.

## Confidentiality Agreement and Records

Before enrolment in the certification program, students are required to sign a confidentiality agreement. This agreement outlines:

1. The proprietary nature of the Spirit Release Therapy methods and protocols taught by the Spirit Release Academy.
2. The commitment to refrain from disseminating, sharing, or disclosing any proprietary information outside of the Spirit Release Academy.
3. The consequences of violating the confidentiality agreement, including potential revocation of certification.
4. The relationship and all knowledge of the student is treated as confidential by the Tutor/Assessor Team and may only be disclosed with the student's specific consent or if there is clear evidence of probable danger to the student or others. For supervision, research, teaching and publication purposes the identity of the student must be concealed.
5. We keep records of the training/assessment sessions confidentially and appropriately and our records about the student should be available for their inspection.
6. All communication sessions will be recorded via ZOOM for the safety of all individuals to ensure honesty and ethical practice.

## Practitioner's Support and Further Education

Once qualified, each practitioner carefully monitors the limits of their competence and confines their work within these limits.

- We commit ourselves to
  - maintain and extend our knowledge and skills appropriate to our academy;
  - getting extra support and supervision as required;
  - pursue our personal growth, spiritual practice and the fulfilment of our personal needs outside our complementary health practice.

## Complaints Procedure

- In the case of any complaint, this should be first addressed directly to the Tutor/Assessor. If this is not possible or doesn't lead to a satisfactory result, a formal written complaint may be made to Spirit Release Academy where it will be brought before our Ethical Management Panel.
- The complainant must sign a declaration that they will accept the recommendations given by our Ethical Management Panel.
- Spirit Release Academy members must abide by this decision.

## Spirit Release Academy Tutor/Assessor Should Always:

- Act in the best interests of your students and treat them with respect.
- Take responsibility for your actions.
- Respect other Tutor/Assessor, practitioners and health professionals.
- Practice only within the limits of your competence.
- Make sure your behaviour does not damage your profession's reputation.
- Observe confidentiality.
- Practice within the law.
- Maintain and develop your knowledge and skills.
- Ensure if you are working with the public that you have obtained the necessary insurance and agreed to your own country's laws regarding health care.
- Must not mislead your students or make any false claims about your skills and abilities.

Failure to comply with any of the above can lead to immediate removal of your membership and you will not be eligible for a refund.

## Students Code of Ethics and Conduct

As a student of Spirit Release Therapy at the Spirit Release Academy, I am committed to promoting racial and cultural acceptance and recognizing the inherent worth and dignity of all individuals. This Code of Ethics outlines the principles and standards expected from students, emphasizing respect for diversity, cultural competence, and the elimination of discriminatory practices.

**Awareness:** Students shall strive to develop and maintain cultural awareness, acknowledging their own cultural biases and working to understand and respect the diverse backgrounds of clients.

**Non-Discrimination:** Students shall not discriminate against individuals or groups based on race, ethnicity, nationality, religion, gender, sexual orientation, or any other cultural or social identity.

**Inclusivity:** Students will actively work to create an inclusive and welcoming environment for clients of all cultural backgrounds, ensuring that their unique perspectives and experiences are valued.

**Cultural Sensitivity:** Students shall approach Spirit Release Therapy with sensitivity to the cultural beliefs and practices of clients, refraining from imposing their cultural perspectives.

**Openness to Feedback:** Students will be open to feedback from clients and colleagues regarding cultural sensitivity and make necessary adjustments to their practices.

**Addressing Discrimination:** The Spirit Release Academy is committed to addressing and rectifying any discriminatory practices promptly and appropriately.

**Honesty and Truthfulness:** Students shall maintain honesty and truthfulness in all interactions with clients, colleagues, and instructors. Students must take responsibility for their actions, and respect other Tutor/Assessors, practitioners and health professionals.

**Confidentiality:** Students must respect and maintain the confidentiality of client information, sharing details only with explicit consent or as required by law.

**Scope of Practice:** Students must practice within the scope of their training, seeking supervision or additional training from assessors when required.

**Ethical Reflection:** Students shall engage in ethical reflection and consultation with tutors/assessors or when faced with complex ethical dilemmas.

**Interprofessional Relationships:** Students shall foster positive and collaborative relationships with assessors, tutors, colleagues and other professionals, promoting a supportive learning and working environment.

**Personal Wellness:** Students shall prioritise their own physical, emotional, and mental well-being to ensure they can provide effective and ethical Spirit Release Therapy.

**Students Acknowledge:**

Students acknowledge and accept that the SRA training protocol has been designed to work as a team which involves SRA certified Facilitator, SRA certified Medium and Spirit Guides for their safety. Working outside of this protocol is not within the SRA guidelines, and invalidates insurance and certification immediately invalidates insurance and certification. Any practitioner working the SRA protocol without following the precise methods taught will be removed from the SRA website.

**SRA Facilitators:**

The protocol is designed to be trained in the role of either facilitator or medium.

Any person who is certified as a facilitator is advised to consult the SRA mentors before they try to adopt the role as an SRA medium. Facilitators will not be acknowledged as a "medium" by the academy until they have been re-assessed.

**SRA Training and Teaching:**

As you embark on your journey as certified RSR practitioners, we want to address an important aspect of your certification: the boundaries of your teaching capabilities. It is crucial to understand that your certification does not authorise you to teach the SRA RSR/SRT (Spirit Release Therapy) protocol to others or advise.

The SRA RSR/SRT protocol is a complex and powerful tool that requires a deep understanding and a high level of proficiency to be taught effectively. Ensuring that only qualified individuals teach this protocol helps maintain the integrity and standards of our practice.

## Certification

The SRA practitioner certificate is awarded in recognition of exceptional performance, deep understanding, and exemplary dedication to the principles and practices of Spirit Release Therapy as taught by SRA following the protocol.

SRA Certification will be achieved after the following milestones have been completed successfully.

SRA Certification will require a demonstration of proficiency in Spirit Release Therapy techniques through practical assessments and evaluations conducted by the academy.

Commitment to maintaining the confidentiality of proprietary methods and protocols taught by the Spirit Release Academy.

- 1. Theory Course:** All students both in-person and online will be enrolled on the online theory course and will need to pass this course.

**Online or In-person Course:** Students will either attend an online course or if following the remote roadmap will need to complete the theory course and online training via Zoom.

- 2. Student Portfolio:** Students will be shown an example portfolio and will need to complete a personal one relating to their experience whilst working through the course.

- 3. Practical Assessment and Case Studies (x3):** Students will be shown an example case study and will then be required to team up with another student to work through three "live" cases documenting their findings as they work through the SRA protocol. Students are insured by SRA for these 3x case studies only. After 3x case studies have been completed the student must stop working the protocol until review and certification.

Practical assessments will be conducted via Zoom or in person to evaluate a student's ability to apply Spirit Release Therapy techniques in real-world scenarios. These assessments may include:

**Case Studies:** Students will analyse and present case studies showcasing their application of Spirit Release Therapy protocols and principles in diverse situations.

**Simulated Sessions:** Students will participate in simulated Spirit Release Therapy sessions, demonstrating their proficiency in the therapeutic process using the SRA protocol.

- 4. Assessor Review Of Student Portfolio and Case Studies:** An ethical review will be conducted over Zoom to assess a student's understanding and application of the SRA protocol. The assessor will also cover the required commitment to follow the Code of Ethics and Conduct as required



for SRA certification as a practitioner.

### Certification Issuance:

Upon successful completion of all assessment components and fulfilment of eligibility criteria, students will be issued a practitioner certification from the Spirit Release Academy following the SRA protocol.

The practitioner certification will enable the practitioner to obtain insurance under the SRA banner following the strict guidelines and using the SRA protocol.

The academy will then update the SRA website to show successful practitioner certification on the "Practitioners" page of the website.

Any certified practitioners who move away from the protocol or do not sign the code of conduct will not be displayed on the website.

All SRA codes of conduct and ethics are only required for a student working the SRA protocol.

Students can work with any number of other healing modalities.

SRA codes of conduct only apply to the SRA protocol used for RSR (remote spirit release following the SRA protocol).

Practitioners can also work any number of other RSR (remote spirit release) or SRT (spirit release therapy) methods outside of the SRA protocol.

SRA codes of conduct & and ethics only apply to the SRA protocol.

### Acceptance Process:

1. Read through the document thoroughly, ensuring you understand its content.
2. If you agree with the terms outlined, please proceed to sign and submit the acceptance form electronically.